

## **2 - Resolved: Social Distancing combined with Quarantine is the best route to ending a Pandemic.**

### **Con Construction:**

Social distancing is not the best approach to end a pandemic. The strategy is fraught with many problems and will only prolong the pandemic with very likely a far worse death count.

### **Justification for lockdowns based on models:**

predictions regarding infection and death rates are highly unreliable

UK Imperial College model that justified lockdown were incorrect. 550k-> 20k-> 5.7k.

we need to adjust our approach based on evidence. And the evidence is showing that covid is no worse than regular flu. According to Worldometers.info US has reported 57600 deaths with a 0.1% death rate. Canada also has a death rate of 0.1% based on data from Health Canada. For comparison, flu claimed 80000 lives in US last year according to the CDC.

There is a flu pandemic every year and yet we have never social distanced or quarantined. Evidence continues to show worldwide a large number of cases with a small number of deaths. Countries without lockdowns and contact bans, such as Japan, South Korea, Sweden, Brazil and Mexico have not experienced a more negative course of events than other countries in lockdown.

### **Transmission**

There is no science that supports social distancing has any effect on transmission

None of his family members of china's first patient developed fever or any respiratory symptoms. No epidemiological link was found between the first patient and later cases.

Science has shown asymptomatic carriers do not pass virus to others

Taiwan CDC did a study that found 0 transmission from casual contact

a Japanese government panel of experts announced on March 2. Nearly 80% of patients with the coronavirus have not passed on the infection to others regardless of the degree of their symptoms

### **Protecting the elderly?**

Covid-19 is a disease that is disproportionately dangerous to older people and those with serious underlying health conditions. The argument is lockdowns are needed to save the lives of older people.

But putting old people under virtual house arrest at home or in their care homes, not being able to see their families, denying them proper medical care, coercing them to sign DNR forms when hospitals are empty, and destroying the value of their pensions does not seem to have their best interests at heart.

In Italy, there were reports that Piedmont had put in place guidelines to refuse intensive care for the over-80s if resources became too stretched.

e.g. UK Labour MP, Peter Kyle, has warned that care homes in his south-coast constituency of Hove were applying DNRs “en masse,” and there have been reports on social media of GPs signing DNRs on behalf of patients, apparently against their wishes.

### **Health impacts of lockdown**

Influenza, corona viruses infection severity can be reduced by vit D. Getting outside for fresh air reduce the chance of infection. Sunlight kills virus (US govt study) [Homeland security states could change public policy](#)

Stress, fear and depression are known to drastically reduce immune function

According to NIH

“long-term stress suppresses or dysregulates innate and adaptive immune responses” by altering the Type 1-Type 2 cytokine balance, inducing low-grade chronic inflammation, and suppressing numbers, trafficking, and function of immunoprotective cells”

<https://www.ncbi.nlm.nih.gov/pubmed/24798553>

**Other impacts of lockdown include** an increase in domestic violence, critical patients with cancer, heart disease, diabetes, are not being treated and organ transplants are not available (CBC report)

. Toronto City News reported on Apr 8, that there has been a 22% increase in domestic violence calls to police.

Economic devastation

An April 15 UN Policy Brief: The Impact of COVID-19 on Children concluded “hundreds of thousands of additional child deaths could occur in 2020 compared to a pre-pandemic counterfactual scenario”

[https://www.un.org/sites/un2.un.org/files/policy\\_brief\\_on\\_covid\\_impact\\_on\\_children\\_16\\_april\\_2020.pdf](https://www.un.org/sites/un2.un.org/files/policy_brief_on_covid_impact_on_children_16_april_2020.pdf)

### **Herd Immunity**

We need to allow people to gain natural immunity. That is the way flu pandemics die out every year.

80% of infected people are symptom-free.

Harvard researchers have found Extreme social distancing will reduce herd immunity and will cause a giant 2<sup>nd</sup> wave when extreme measures are relaxed due to low herd immunity

Dr Knut Wittkowski stated:

“With all respiratory diseases, the only thing that stops the disease is herd immunity. About 80% of the people need to have had contact with the virus. i

### **Flatten the Curve**

Let’s look at purported goal of social distancing/quarantine? [Show image](#)

These measures have been put in place to slow down the spread of Covid and more specifically to “flatten the curve”

"the goal of flattening the curve is purportedly to keep the daily number of disease cases at a manageable level for medical providers." The thought being “If too many people are infected at the same time, we will overload our hospital capacity.”

But lets look at the assumptions built into this model

The curve is cases of Covid infections

most cases (>80%) are asymptomatic or mild symptoms where no medical intervention is required, then "daily number of cases" is not an appropriate measure.

The measure should be critical cases requiring medical treatment.

How is the line being determined that the curve needs to stay under?

From all reports this model assumes equipment such as ventilators, ICU beds, PPE and number of medical providers

why were health clinics not mobilized and equipped to treat to increase care capacity? Why look at only the hospital model

Reports in vast majority of hospitals there are plenty of available ICU beds, ventilators, idle health care workers

Why is the bottleneck of equipment only ventilators/respirators. Ventilation is not a treatment for infectious disease.

Why are health officials saying and policy dictating there is no other treatments, when in fact there are a number of successful treatments being used.

- Intravenous Vit C
- Oxygen therapies:
  - hyperbaric O2 chambers,
  - ozone therapies,
  - nebulized H2O2
- Hydroxychloroquine and zinc

Supplements

Selenium, Glycyrrhizin, Vit D, Vit A, N- acetyl cystein, selenium, spirulina and high dose glucosamine, quercetin

Intravenous Vit C references:

Shanghai Government Officially Recommends Vitamin C for COVID-19

Japanese College of Intravenous Therapy

Northwell Health, NY

Canadian physician and medical journalist – W. Gifford-Jones, M.D.

Many studies on effectiveness of vit C on pneumonia

WHO, Google and Facebook and other media giants censoring information on vit C treatment

Reports of extremely successful treatment from:

Didier Raoult, MD, PhD, is one of the world's top infectious disease and virology experts

Wrote full peer reviewed study on effectiveness

Dr. Gregory Rigano

After 6 days 100% of patients treated with HCQ + Azithromycin were virologically cured

NY Doctor Vladimir Zelenko Finds 100% Success Rate in 350 Patients Using

Hydroxychloroquine with Zinc

Health Canada and FDA issued warning against chloroquine and hydroxychloroquine saying can have "serious side effects"

According to Health Canada, the drugs are known to potentially cause liver or kidney problems, low blood sugar and nervous system problems, including dizziness, fainting or seizures

But for critical Covid cases facing death why are we not using this?

If we are truly concerned about saving lives, why are these treatments not adopted and why are they being censored

Worldometers credentials

Our sources include Official Websites of Ministries of Health or other Government Institutions and Government authorities' social media accounts.

Worldometer is cited as a source in over 10,000 published books and in more than 6,000 professional journal articles and was voted as one of the best free reference websites by the **American Library Association** (ALA), the oldest and largest library association in the world.

CDC flu/pneumonia annual deaths

2019 >80000

2018 59041

2017 55593

2016 51459

Treatment references:

Chloroquine

<https://www.ibtimes.com/coronavirus-drug-french-researcher-reports-successful-trial-using-malaria-medicine-2942699>

<https://www.thegatewaypundit.com/2020/03/huge-results-from-breaking-chloroquine-study-show-100-cure-rate-for-patients-infected-with-the-coronavirus/>

<https://www.thegatewaypundit.com/2020/03/stunning-ny-doctor-vladimir-zelenko-finds-100-success-rate-in-350-patients-using-hydroxychloroquine-with-z-paks-video/>

<https://abc7.com/coronavirus-drug-covid-19-malaria-hydroxychloroquine/6079864/>

## Vit C

<http://orthomolecular.org/resources/omns/v16n16.shtml>

<http://orthomolecular.org/resources/omns/v16n07.shtml>

<https://nypost.com/2020/03/24/new-york-hospitals-treating-coronavirus-patients-with-vitamin-c/>

<https://www.naturalhealth365.com/canadian-physician-covid-19-3341.html>

<http://orthomolecular.org/resources/omns/v16n09.shtml>

<https://www.naturalhealth365.com/vitamin-c-covid-19-infection-3349.html>

<https://youtu.be/TC0SO9KDG7U>

<https://healthimpactnews.com/2020/media-censoring-medical-doctors-saving-lives-with-vitamin-c-for-covid19-reduces-need-for-ventilators/>

[https://articles.mercola.com/sites/articles/archive/2020/04/07/coronavirus-treatment.aspx?cid\\_source=dnl&cid\\_medium=email&cid\\_content=art1HL&cid=20200407Z1&et\\_cid=DM501456&et\\_rid=845916810](https://articles.mercola.com/sites/articles/archive/2020/04/07/coronavirus-treatment.aspx?cid_source=dnl&cid_medium=email&cid_content=art1HL&cid=20200407Z1&et_cid=DM501456&et_rid=845916810)

<https://articles.mercola.com/sites/articles/archive/2020/03/29/andrew-saul-vitamin-c.aspx>

[https://articles.mercola.com/sites/articles/archive/2020/04/19/vitamin-c-dosage-for-viral-infection.aspx?cid\\_source=dnl&cid\\_medium=email&cid\\_content=art1HL&cid=20200419Z1&et\\_cid=DM514858&et\\_rid=854246943](https://articles.mercola.com/sites/articles/archive/2020/04/19/vitamin-c-dosage-for-viral-infection.aspx?cid_source=dnl&cid_medium=email&cid_content=art1HL&cid=20200419Z1&et_cid=DM514858&et_rid=854246943)

## Ozone

[https://articles.mercola.com/sites/articles/archive/2020/04/05/ozone-therapy.aspx?cid\\_source=dnl&cid\\_medium=email&cid\\_content=art1ReadMore&cid=20200405Z1&et\\_cid=DM501439&et\\_rid=844621883](https://articles.mercola.com/sites/articles/archive/2020/04/05/ozone-therapy.aspx?cid_source=dnl&cid_medium=email&cid_content=art1ReadMore&cid=20200405Z1&et_cid=DM501439&et_rid=844621883)

<https://clinmedjournals.org/articles/jide/journal-of-infectious-diseases-and-epidemiology-jide-6-113.php?jid=jide>